

Running for a Great Cause

Spring View Middle School Gets Behind Run Rocklin

By Jeffrey Weidel

Thanks to Run Rocklin, boxes were piling up in January at the Spring View Middle School office for physical education teacher Cassie Hartley.

Last year the effervescent Hartley coaxed approximately 120 runners with ties to Spring View to sign up for Run Rocklin. The result: \$900 was raised for the cross country and track and field teams. And the longtime running coach of Spring View's track and cross country teams has the boxes of equipment to prove it.

Run Rocklin annually attracts nearly 3,000 runners and raises money for the Matt Redding Foundation and several law enforcement-related organizations.

The family-friendly run has also become a wonderful event for local schools and nonprofits to raise money for their programs. Nonprofits or teams that partner with a nonprofit, are urged to form a team of 20 or more runners and receive a \$5 donation per paid participant from Run Rocklin. That money goes right back to the nonprofit organization.

The 14th annual Run Rocklin will take place Sunday, April 2 and features a 5K run-walk, 12K, and Half-Marathon. The event also offers free Kids 1/4 mile and 1 Mile Fun runs.

In Spring View's case, money has been raised regularly for many years. Since Run Rocklin established a friendly competition among local schools for signing up the most runners, Spring View has been the winner every year but one. The school typically receives between 100 to 150 Run Rocklin participants.

The school with the most runners receives a \$300, the second place team gets 200, and third place receives 100. The other schools and nonprofit groups with 20 or more runners benefit as well, receiving \$5 per participant.

"Getting the most runners signed up for Run Rocklin is a great source of pride for Spring View," said Hartley, who has participated in 13 of 14 Run Rocklins. "We have Spring View kids who are now in college coming back for Run Rocklin. It's a great community event. We love it."

Hartley is hard to miss at Run Rocklin. She's the woman wearing the pink Tutu, greeting legions of runners from her past and present, and typically making pretty good time running the streets of Rocklin.

One group of runners that Hartley sees regularly is the Bedrin family. Susie and Mark Bedrin have four daughters who attend or have gone to Spring View. The family is once again signed up for Run Rocklin.

Oldest daughter Allison Bedrin is a senior at Whitney High School and her sister, Sierra, is a sophomore. Allison is a serious runner and does both track and cross country at Whitney, while Sierra is focused on soccer. Haley Bedrin is an eighth grader at Spring View and her sister Taylor is in seventh grade and both participant in the running programs.

The Bedrins' interest in running began when Hartley encouraged Allison to run at Spring View, where the huge track team often exceeds 150 kids.

"Our kids all love Cassie as teacher and a friend outside of school," Susie Bedrin said. "She supports all the runners there 100 percent, whether it's someone who's coming in first place or last place. All the Spring View kids really enjoy being at Run Rocklin. It gives them a real sense of community."

For more sign-up information about Run Rocklin, or to become a sponsor or volunteer, visit www.runrocklin.com, e-mail elephant@eaward.com, or call 916 997-1808.